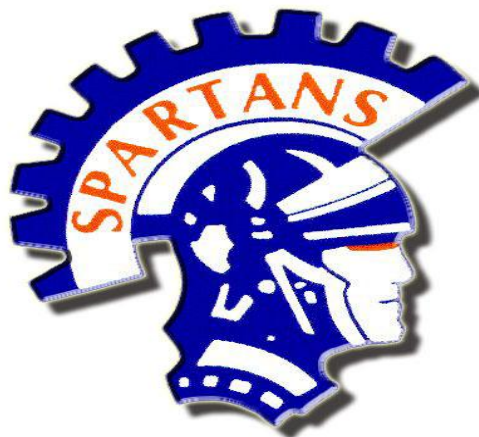


SPARTA HIGH SCHOOL VOLLEYBALL PHILOSOPHY



It is our belief that volleyball is more than just a great game. Through participation, the young women involved should develop values and traits which play an important role in their growth as individuals in our society. Because of this belief, we understand the importance of a coach's actions and behavior. As a coach, we must interact with our players in a positive manner. Even though criticism is a large part of the coaching profession, it must be handled with a positive attitude and in a constructive manner. In dealing with the young women in our program, it is important that they understand the reason for our criticism; it is to improve them as players and is by no means a reflection on them as an individual. Sportsmanship is of great importance to us; therefore as a coach, we must reflect this trait in our associations with officials and opponents.

Each individual in the program will be treated with respect. Discipline is a factor common to most successful programs and will be a central part of this program. All discipline will be administered in a caring manner; with the physical and emotional well-being of the participants as the first priority.

The development of sound fundamentals shall be the basis for and success of the program. The main function of the elementary and junior high levels will be to introduce and refine those fundamentals. At the varsity, junior varsity and freshman levels, the development of fundamentals will be continued and execution in game competition will be stressed. In addition to individual fundamentals, success through the team concept will be a factor which will be taught consistently throughout the program. We are a part of a competitive league. The goal of every team is to win matches and to achieve that with as many athletes as possible.

It is our goal that the volleyball program should become a vital part of the sports program at Sparta high school. Students and adults of the community can unite in their support of the program by demonstrating good sportsmanship and having pride in the volleyball program.